

mentorWIN 2013 – 2014

Mentoring programme for young female researchers

Mentoring for young female researchers

Target group

- female doctorate students from Oltech and 3GO
- post docs from faculty V, faculty VI and 3GO

Organisers

- mentorWIN 2013-2014 is organised by the Graduate School Science & Technology (Oltech)

- Programme instructor:
Nadja Plothe, Bremen
Trainer and coach

<http://www.nadja-plothe.de/>



Mentoring for young female researchers

Concept

- young researchers actively address their career options
- methods for career development
- networking strategies

What is a mentoring?

- An older and experienced mentor shares knowledge with you and supports you in finding your personal career.
- The mentor is like a wise person, who you can ask all about the profession and career you like to reach.

Mentoring for young female researchers

Structure

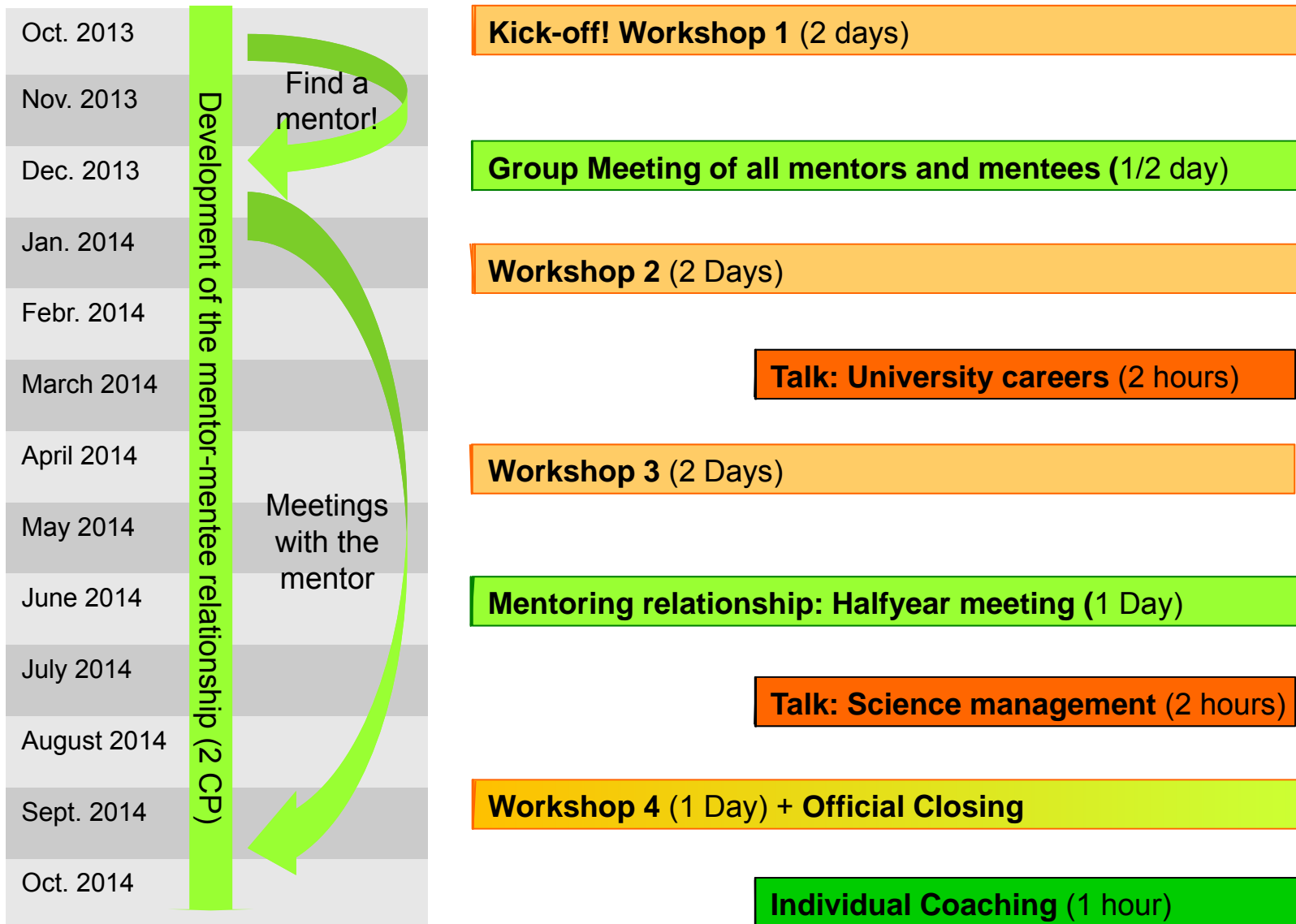
- **Mentor-Mentee relationship:**
 - finding a mentor
 - monthly meetings with the mentor (~ 2 hours)
 - two groupmeetings (1,5 days)
 - individual guidance
- 4 thematical **workshops** (1 or 2 days)
- 2 optional evening **talks** (2 hours)
- Individual **coaching** (1 hour) after the programme

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Next Run

- October 2013 to October 2014
- The workshops will be offered in English, if international mentees are in the programme.
- For doctorate students of Oltech the mentoring programme will be credited with 6 CP.

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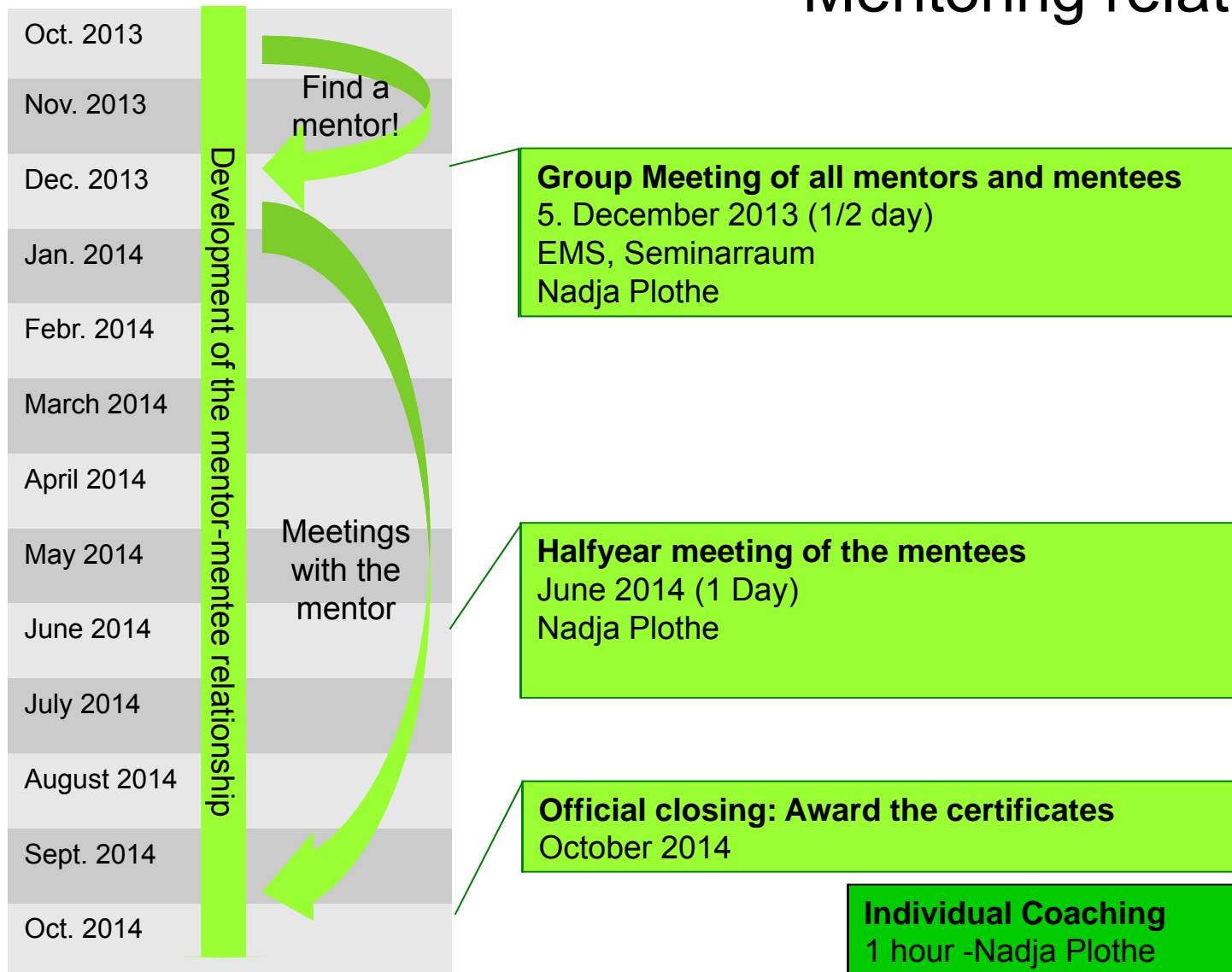


mentorWIN 2013-2014 - Workshops



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Mentoring relationship



Application

- Download the application form
www.oltech.org → Mentoring
<http://www.uni-oldenburg.de/en/graduates/oltech/mentoring/>
- Fill in the form, add CV and motivation letter
- Sent the application to the graduate school Oltech
- **Deadline: October 4th 2013**

Any questions? Please contact us!

Contact & Information

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